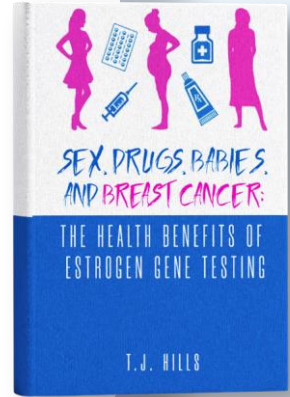




YOUR Estrogen Health

The life stages of NOT making babies, MAKING babies and DONE making babies may involve Birth Control, Egg Freezing & Fertility Treatments, Hormone Replacement which are extra estrogen exposures. Other exposures may include weight, cosmetics, skincare, food and water etc. For some women, this excess may recirculate and become toxic contributing to a long list of reproductive health ailments as well as breast cancer risk.

TJHills, Founder of Better Estrogen Health Foundation, TEDx speaker and best-selling author of **Sex, Drugs, Babies and Breast Cancer: Health Benefits of Estrogen Gene Testing**. She teaches women how to use genetic nutritional tools to achieve optimal estrogen health and contribute to breast cancer prevention tools.



SAMPLE TOPICS and AUDIENCE

Sex, Drugs, Babies and Breast Cancer

TJ's breast cancer story and how she learned about estrogen exposures, genetic nutrition and breast cancer prevention.

Super Women First

Female Executives learn how healthier estrogen function improves their ability to excel at home and work.

Pivot, Pivot, Pivot

TJ discusses how living with cancer led her to pivot her decades of financial research skills to a new mid-life career.



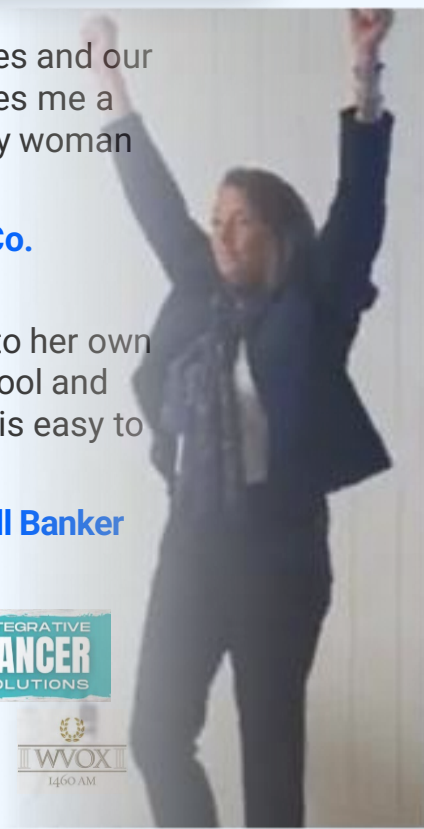
" TJ talks about women's bodies and our fertility cycle in a way that gives me a lot to think about and do. Every woman should hear her"

Sherri G, Team Leader, PepsiCo.



"TJ has turned her research into her own breast cancer into a valuable tool and inspiration for all women. She is easy to follow and insightful."

Grace G, Event Planner, Coldwell Banker



Book TJ for your next event. The Better Estrogen Foundation is a 501c3 organization.



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T.J. Hills – YouTube

<https://www.amazon.com/dp/B09HZ5MKNQ>

